



Registration Form

Athlete Name _____ Sex _____ Grade (Fall '09) _____

Parent email _____ Phone _____

Registration Fee

\$ 215

Your Registration Fee INCLUDES all this:

- Gray Cotton AHS XC team T-shirt
- White Short Sleeve Wicking AHS XC practice T-shirt
- Maroon Sleeveless Wicking AHS XC practice T-shirt
- Awards Banquet for Athlete and 2 Guests
- AHS XC Aluminum Water Bottle
- AHS XC Drawstring Bag
- AHS XC Warm-up suit for freshmen and new team members (\$80 value)

Also: Use of uniform for the season (\$50 deposit required: will be returned on return of uniform), Meet entry fees, Snacks/drinks at all meets, Pasta & pizza parties, Experienced coaches, Camp supplements and more.

Note: Registration fee MUST be paid to be eligible for the out of town trip.(Additional trip fee will apply.)

Additional Cross Country Donation \$ _____

Total \$ _____

Make **checks payable** to **AHS Cross Country**.

Check # _____

Questions? Contact Nicolette Strydom 770-777-0793 or nicolette@inputtech.com

Mark your 2009 Team T-shirt & practice T-shirt size

YL or XS _____ S _____ M _____ L _____ XL _____

I received my gray, white and maroon T-Shirts, drawstring bag & water bottle _____ (Initials)

If you are a rising 9th grader or new to the team:

Print clearly the name you would like embroidered on your warm-up jacket:

Name: _____

Mark your warm-up size

Jacket: YL _____ S _____ M _____ L _____ XL _____

Pants: YL _____ S _____ M _____ L _____ XL _____

2 XC Team Members/family - Attach additional XC Registration form with athlete name and size info

Two Registrations with 2 athletes and 4 guests admissions to banquet: \$430

OR

Two Registrations with 2 athletes and 2 guests admissions to banquet: \$405

Put desired registration amount option in the Registration Fee line above.

CONTINUED ON BACK

Parent Name(s): _____

Phone: _____

Email: _____

Volunteer Opportunities: It takes hard work to build quality and traditions. Parents are **expected** to volunteer for at least one area listed below; however we welcome you to check a lot more. Names of booster leaders and committee chairs are listed. Feel free to call them.

Yes, I/we will assist with the following:

_____ Host Pizza Party
_____ at my home or club house Tues eve this summer

_____ Host Pasta Party
_____ at my home on a Friday this fall

_____ Carpool to Webb Bridge Park for some practices

_____ Team banquet committee

_____ August Kick-off Breakfast committee

_____ Coordinate Sign Board Contracts

_____ Meet snacks/Equipment coordination

_____ Help coordinate out of town trip

_____ Record team statistics on spreadsheets

_____ Whatever is needed

Booster Leaders and Committee Chairs

Dan Peters	President AHS XC Booster Club	770-667-0252
Steven Lind	Treasurer AHS XC Booster Club	678-762-0620
Abby Blair	Communications	770-346-0095
Nicolette Strydom	Registration	770-777-0793
Maria & Frank Dolbow	Trail committee Chairpersons	770-664-3613
Sophia Lidback	Pizza and Pasta Party, Spirit Wear	770-754-1705
Jenny Reed	Team Awards/Banquet Chair	770-401-2038
_____	Meet Snacks/Equipment Coordinator (WE NEED SOMEONE)	
Khanh Mai	Webmaster	770-663-4495
Gail LaFleche	August Kick-off Breakfast	770-442-1084
Janice Bradley		770-410-9042
Sharon Mai	Kick off / Ice Cream Social	770-663-4495
Michele Young	Middle School Recruiting Coordinator	770-569-0586
Patty Peters	Travel Meet Coordinator	770-667-0252

Coaches

Men's Head Coach: Coleman Binford **Woman's Head Coach:** Shane Sweet

Assistant Coaches: Melissa Massey, Katie Boehm, Angie Reed